

# Wildflowers of Quincy Bog

**Q**uincy Bog Natural Area is a 50-acre property containing a variety of habitats, from open water, peat wetlands, and shallow marsh to moist woods, dry oak-pine forest, and mixed hardwoods. This habitat diversity results in a variety of wildflowers to enjoy spring through fall.

What is the value of wildflowers? From a botanical point of view, the most important function of a flower is reproduction. Reproduction takes place entirely in the flower of the plant, after which the seeds are spread and more flowers grow. The color, shape, and scent of flowers are ecological adaptations that improve the likelihood that the flower will be pollinated, thus maintaining genetic diversity and ensuring the continued existence of the species. Flowers also provide food in the form of pollen and seeds consumed by insects, birds, and mammals. Many insects, including bees, depend on pollen from plants to survive. These insects serve as food for larger predators, which in turn help feed others.

Most of us, however, don't think of these things when we come across a carpet of blue violets, a delicate white wood anemone, or the first fragrant mayflowers of spring. Wildflowers are valued the world over for their intricate beauty, their flashes of color in sometimes drab landscapes, their perfumed fragrance.

While you walk the trail at Quincy Bog, take a moment to enjoy the beauty of wildflowers, and also to appreciate the ecological role these flowers play in our complex natural world.



*As I wander'd the forest,  
The green leaves among,  
I heard a wild flower  
Singing a song.*

*—William Blake,  
The Wild Flower's Song*

### Using this Checklist

This checklist is based on data compiled from many observers over the last several decades. Species that appear in our records but have not been recently reported are listed as unconfirmed.

Species nomenclature corresponds with the USDA Plants Database ([plants.usda.gov](http://plants.usda.gov)).

Wildflowers are grouped by flower color. Within each group, species are listed alphabetically by Latin name.

Bloom periods shown in bold were derived from records kept by RES Director Pat Barker since 1999. Bloom periods not shown in bold were taken from current field guides.

### Habitat Key

The following symbols have been used to indicate the habitat types where plants can be found at Quincy Bog:

<b>A</b>	Aquatic (pond)
<b>S</b>	Shallow marsh
<b>I</b>	Islands
<b>M</b>	Moist woods
<b>D</b>	Dry woods
<b>L</b>	Ledges
<b>E</b>	Edges, open areas
<b>T</b>	Can be seen along the trail

Check the kiosk before heading out on the trail for a list of wildflowers currently in bloom. Also watch for ID tags along the trail.



To protect the Quincy Bog Natural Area and enhance the experience of other visitors, please adhere to the following guidelines. Thank you for your cooperation!

- Do not disturb or collect plants, animals, rocks, or other natural features.
- Foot traffic off marked trails is strongly discouraged.
- Anyone wishing to engage in activities that involve leaving marked trails should contact: [research@quincybog.org](mailto:research@quincybog.org)

Help keep our checklist up to date! If you identify plants that are listed as unconfirmed or not listed at all, please take the time to let us know. We would need to know the following information:

Observer (s) \_\_\_\_\_

Date \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Species identified \_\_\_\_\_

Location (please include nearest trail marker or other prominent landmark) \_\_\_\_\_

Fill out this form and leave it at the Nature Center, or simply email us the information at [research@quincybog.org](mailto:research@quincybog.org).

Digital photographs are always welcome.

*Please do not pick wildflowers!*

Quincy Bog Natural Area is owned and managed by Rumney Ecological Systems.  
Visit us on the Web at [www.quincybog.org](http://www.quincybog.org)

# Wildflower Checklist



Species	Bloom Period	Habitat	Notes
<b>Red/Pink Flowers</b>			
Hog Peanut <i>Amphicarpaea bracteata</i>	Jul-Sept	M	
Spreading Dogbane <i>Apocynum androsaemifolium</i>	Jul-Aug	E, T	
Common Milkweed <i>Asclepias syriaca</i>	Jul-Aug	E, T	unconfirmed
Pink Lady's Slipper <i>Cypripedium acaule</i>	May-Jun	D, T	
Willowherb <i>Epilobium palustre</i>	Jul-Aug	S	unconfirmed
Wild Cranesbill <i>Geranium maculatum</i>	Jun-Jul	D	unconfirmed
Pinweed <i>Lechea intermedia</i>	Jul-Aug	L	unconfirmed
Rose Pogonia <i>Pogonia ophioglossoides</i>	Jun-Jul	I	
Water-pepper <i>Polygonum hydropiper</i>	Jul-Aug	S	unconfirmed
Arrow-leaved Tearthumb <i>Polygonum sagittatum</i>	Jul-Aug	S, T	
Common Sheep Sorrel <i>Rumex acetosella</i>	Jul-Aug	E	unconfirmed
Sedum <i>Sedum telephium</i>	Jul-Aug	M, T	introduced
Marsh St. Johnswort <i>Triadenum virginicum</i>	Jul-Aug	S, T	
Red Clover <i>Trifolium pratense</i>	Jun-Sept	E, T	
Large Cranberry <i>Vaccinium macrocarpon</i>	Jun-Jul	I	

## White/Cream Flowers

Yarrow <i>Achillea millefolium</i>	Jul-Aug	E, T	unconfirmed
White Baneberry <i>Actea pachypoda</i>	May-Jun	D	unconfirmed
Red Baneberry <i>Actea rubra</i>	May-Jun	D	unconfirmed
Pearly Everlasting <i>Anaphalis margaritacea</i>	Aug-Sept	E	unconfirmed
Wood Anemone <i>Anemone quinquefolia</i>	May-Jun	D, T	
Bristly Sarsaparilla <i>Aralia hispida</i>	May-Jun	E, T	
Wild Sarsaparilla <i>Aralia nudicaulis</i>	May-Jun	D, T	
Bog Hemp (False Nettle) <i>Boehmeria cylindrica</i>	Jul-Aug	M	unconfirmed
Mouse-ear Chickweed <i>Cerastium vulgatum</i>	Jun-Aug	E, T	
Turtlehead <i>Chelone glabra</i>	Jul-Aug	M, S, T	
Bulb-bearing Water Hemlock <i>Cicuta bulbifera</i>	Aug-Sept	S, T	
Small Enchanter's Nightshade <i>Circaea alpina</i>	Jun-Jul	M	unconfirmed

Species	Bloom Period	Habitat	Notes
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## White/Cream Flowers (cont.)

Broadleaf Enchanter's Nightshade <i>Circaea quadrifidata</i>	Jun-Jul	M	unconfirmed
Virgin's Bower <i>Clematis virginiana</i>	Aug-Sept	M, E	unconfirmed
Goldthread <i>Coptis trifolia</i>	May	M, T	
Bunchberry <i>Cornus canadensis</i>	May-Jun	D, T	
Dewdrop <i>Dalibardia repens</i>	Jun-Jul	D, T	
Flat-topped Aster <i>Doellingeria umbellata</i>	Aug-Sept	M, S, T	
Spatulate-leaved Sundew <i>Drosera intermedia</i>	Jun-Jul	I	
Round-leaved Sundew <i>Drosera rotundifolia</i>	Jun-Jul	I	
Trailing Arbutus (Mayflower) <i>Epigaea repens</i>	May-Jun	D, T	
Common Boneset <i>Eupatorium perfoliatum</i>	Aug-Sept	S, T	
White Wood Aster <i>Eurybia divaricata</i>	Aug-Sept	D, T	
Large-leaved Aster <i>Eurybia macrophylla</i>	Aug-Sept	D	unconfirmed
Wild Strawberry <i>Fragaria virginiana</i>	May-Jun	E, T	
Northern Bedstraw <i>Galium boreale</i>	Jun-Jul	E, T	
Small Bedstraw <i>Galium trifidum</i>	Jul-Aug	S, T	
Wintergreen (Checkerberry) <i>Gaultheria procumbens</i>	Jul-Aug	D, T	
Downy Rattlesnake Plantain <i>Goodyera pubescens</i>	Jul-Aug	D, T	
Water Pennywort <i>Hydrocotyle americana</i>	Jul-Aug	M	
Tall White Lettuce <i>Lactuca canadensis</i>	Jul-Sept	E, T	
False Solomon's Seal <i>Maianthemum racemosum</i>	May-Jun	D, T	
Northern Bugleweed <i>Lycopus uniflorus</i>	Jul-Aug	S, M	
Canada Mayflower <i>Maianthemum canadensis</i>	May-Jun	D, M, T	
Buckbean <i>Menyanthes trifoliata</i>	May-Jun	I	
Partridgeberry <i>Mitchella repens</i>	Jun-Jul	D, M, T	
One-flowered Wintergreen <i>Moneses uniflora</i>	Jun-Jul	D	
Indian Pipes <i>Monotropa uniflora</i>	Jul-Aug	D, M, T	
Whorled Wood Aster <i>Oclemea acuminata</i>	Aug-Sept	D, T	
Dwarf Ginseng <i>Panax trifolius</i>	May-Jun	L, T	
Virginia Creeper <i>Parthenocissus vitacea</i>	Jul-Sept	D, E, T	unconfirmed
Solomon's Seal <i>Polygonatum pubescens</i>	May-Jun	L, T	
Shinleaf <i>Pyrola elliptica</i>	Jul-Aug	D, T	
Skunk Currant <i>Ribes glandulosum</i>	May-Jun	D, M, T	
Common Blackberry <i>Rubus allegheniensis</i>	Jun-Jul	E, T	

Species	Bloom Period	Habitat	Notes
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## White/Cream Flowers (cont.)

Bristly Dewberry <i>Rubus hispides</i>	Jun-Jul	M, S, T	
Red Raspberry <i>Rubus idaeus</i>	Jun-Jul	E, T	
Common Arrowhead <i>Sagittaria latifolia</i>	Aug-Sept	A, T	
Early Saxifrage <i>Saxifraga virginensis</i>	May-Jun	L, T	
Calico Aster <i>Symphotrichum lateriflorum</i>	Aug-Sept	D, E	
Tall Meadowrue <i>Thalictrum pubescens</i>	Jun-Jul	S, T	
Foamflower <i>Tiarella cordifolia</i>	May-Jun	M, T	
Starflower <i>Trientalis borealis</i>	May-Jun	M, D, T	
White Clover <i>Trifolium repens</i>	Jun-Sept	E, T	
Painted Trillium <i>Trillium undulatum</i>	May-Jun	D, T	
Wild Oats <i>Uvularia sessilifolia</i>	May-Jun	D, M, T	
Wild White Violet <i>Viola macloskeyi</i>	May-Jun	M	unconfirmed

## Yellow/Orange Flowers

Beggarticks <i>Bidens frondosa</i>	Aug-Sept	M, T	
Bluebead <i>Clintonia borealis</i>	May-Jun	M, T	
Trout Lily <i>Erythronium americanum</i>	May	M, T	
Lance-leaved Goldenrod <i>Euthamia graminifolia</i>	Aug-Sept	E	unconfirmed
Orange Hawkweed <i>Hieracium aurantiacum</i>	Jun-Jul	D, E, T	
King Devil <i>Hieracium caespitosum</i>	Jun-Jul	D, E, T	
Pale St. Johnswort <i>Hypericum ellipticum</i>	Jun-Jul	S	
Dwarf St. Johnswort <i>Hypericum mutilum</i>	Jun-Jul	S	unconfirmed
Jewelweed <i>Impatiens capensis</i>	Jul-Sept	M, S, T	
Canada Lily <i>Lilium canadense</i>	Jul-Aug	S	unconfirmed
Whorled Loosestrife <i>Lysimachia quadrifolia</i>	Jun-Jul	M	
Yellow Loosestrife (Swamp Candles) <i>Lysimachia terrestris</i>	Jun-Jul	S, T	
Indian Cucumberroot <i>Medeola virginiana</i>	May-Jun	M, D, T	
Yellow Pond Lily <i>Nuphar lutea</i>	Jun-Aug	A	
Sundrops <i>Oenothera perennis</i>	Jun-Jul	E	unconfirmed
Yellow Wood Sorrel <i>Oxalis stricta</i>	Jun-Jul	D, E, T	
Common Cinquefoil <i>Potentilla simplex</i>	May-Jun	E, T	
Common Buttercup <i>Ranunculus acris</i>	Jun-Jul	E	
Kidney-leaved Buttercup <i>Ranunculus abortivus</i>	Jun-Jul	M	

Species	Bloom Period	Habitat	Notes
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## Yellow/Orange Flowers (cont.)

Black-eyed Susan <i>Rudbeckia hirta</i>	Jul-Aug	E, T	
Blue-stemmed Goldenrod <i>Solidago caesia</i>	Jul-Sept	L, D, T	
Rough-stemmed Goldenrod <i>Solidago rugosa</i>	Aug-Sept	E	
Dandelion <i>Taraxacum officinale</i>	Jun-Sept	E, T	
Hop Clover <i>Trifolium aureum</i>	Jun-Sept	E, T	
Flatleaf Bladderwort <i>Utricularia intermedia</i>	Jul-Aug	A	unconfirmed

## Lavender/Purple/Blue Flowers

Water Shield <i>Brasenia schreberi</i>	Jun-Jul	A	
Robin's Plantain <i>Erigeron pulchellus</i>	Apr-Jun	E, T	
Spotted Joe Pye Weed <i>Eupatoriadelphus maculatus</i>	Aug-Sept	S, T	
Bluets <i>Houstonia caerulea</i>	Jun-Aug	E	
Northern Blue Flag <i>Iris versicolor</i>	Jun-Jul	S, T	
Indian Tobacco <i>Lobelia inflata</i>	Jul-Sept	E, D, T	
Large Purple-fringed Orchid <i>Platanthera grandiflora</i>	Jun-Jul	S	
Pickeralweed <i>Pontederia cordata</i>	Jun-Sept	S, A	
Heal-all <i>Prunella vulgaris</i>	Jun-Sept	E, T	
Marsh Skullcap <i>Scutellaria galericulata</i>	Jun-Jul	S	
Mad-dog Skullcap <i>Scutellaria lateriflora</i>	Jul-Aug	S, M	unconfirmed
Purple-stemmed Aster <i>Symphotrichum puniceum</i>	Aug-Sept	E	unconfirmed
Common Speedwell <i>Veronica officinalis</i>	Jun-Jul	E	
Marsh Violet <i>Viola cucullata</i>	May-Jun	M, T	

## Greenish/Brown Flowers

Jack-in-the-pulpit <i>Arisaema triphyllum</i>	Jun-Jul	M, T	
Pinesap (False Beech-drops) <i>Monotropa hypopithys</i>	Aug-Sept	D	
Green Fringed Orchid <i>Platanthera lacera</i>	Jul-Aug	S	unconfirmed
Greenbrier <i>Smilax herbacea</i>	May-Jun	M, T	
Bur-reed <i>Sparganium americanum</i>	Jun-Jul	S	
Poison ivy <i>Toxicodendron radicans</i>	Jun-Jul	E, T	
Cattail <i>Typha latifolia</i>	Jun-Jul	S, T	
Riverbank grape <i>Vitis riparia</i>	May-Jun	M, T	